



Red Cross Youth Courses



Will your child be staying home after school for a couple hours or are they looking to make some extra cash watching others? The following programs are perfect for youth ages 9-14!

STAY SAFE (HOME ALONE) COURSE: This course offers basic first aid and safety skills for youth 9-13 years old. Participants will learn about being safe when they are without the direct supervision of a parent, guardian, or trusted adult, both at home and in their communities. The course content for this **one (1) day course** includes: The importance of responsibility and respect while being accountable for yourself, the importance of setting and following safety rules when on your own, how to stay safe at home and within the community, how to prepare for, recognize and respond to, unexpected situations (e.g., inclement weather, strangers, and unanticipated visits) as well as basic first aid skills

BABYSITTING COURSE: This course is intended to help empower youth 11-14 years old. The participants will learn how to provide care to younger children in a variety of age groups, and how to prevent and respond to emergencies. This course also offers youth the training to promote themselves as a babysitter to prospective parents and to gain the confidence to stay home alone or with younger siblings. The course content for this **one (1) day course** includes: The Business of Babysitting, How to Care for Infants, Toddlers, Pre-schoolers and School-Age Children, Basic First Aid (includes cuts, burns, choking, medical emergencies including: seizures and allergic reactions - Epi-pen training), Safety and Special Considerations

All Classes Run from 9:00 am to 3:00 pm (One Day Only):

Stoney Creek Location Stoney Creek United Church One King Street West	Grimsby Location Griffin MMA Studio 4 Christie Street, Grimsby
Stay Safe: Wednesday March 14 2018	Stay Safe: Tuesday March 13 2018 Friday May 18 2018
Babysitting: Friday March 2 2018	Babysitting: Friday February 16 2018 Monday April 2 2018

School Year Special: \$55.00 - includes Manual, Certificate and Taxes (regular price \$67.80) - Sibling and dual course discounts available, draw for \$25 gift card per class -30 spots available per class

Pre-registration is mandatory - Call or E-mail to register:

First Instinct

Youth & Adult First Aid Training

Dina Cronin - Owner, Red Cross Instructor

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