



**Dalewood French Immersion Public School**

# Wellness Fair

On Tuesday, February 27, 2018, Dalewood French Immersion Public School will be hosting a “Wellness Fair” to enable families to speak to various staff of community agencies and hear guest speakers on current topics in the area of mental health.

**Speak with staff from the following community organizations:**

- Niagara Region Public Health
- Pathstone
- Settlement Workers in Schools
- Kristen French Child Advocacy Centre
- Crisis Services
- Occupational Therapy for Kids
- YMCA St. Catharines
- Quest
- Governor Simcoe Transition Team
- DSBN Youth Counsellor
- DSBN Social Worker
- And more . . .

**Listen to guest speakers about the following topics:**

- “Stop Arguing with your Kids: Collaborative Problem Solving at Home” by Chris Alexiou
- “Supporting your Child’s Ability to Self-Regulate” by Patti McGilvray
- “Supporting Students with Anxiety” by Tina Sartor
- Social Media Safety by the Niagara Regional Police
- And more . . .



**Mark Your Calendars!**

**Tuesday, February 27 at 6:30 pm!**