



Niagara Regional Minor Football Association  
Presents:



# Niagara Regional Flag Football

## 2024 Spring Season REGISTRATION NOW OPEN

Three locations :  
Grimsby, St. Catharines  
& Niagara Falls

BOYS & GIRLS:  
Under 6 (Born 2020) to  
Under 16 (Born 2009)

**In partnership with the  
Hamilton Tiger-Cats**

**NRFF**



Register Here:



Visit [www.footballniagara.com](http://www.footballniagara.com)

