

**BIG BROTHERS
BIG SISTERS OF NIAGARA**

**GO
GIRLS!**
**HEALTHY BODIES
HEALTHY MINDS**



TUESDAY EVENINGS
4:00PM - 6:00PM

LINCOLN COMMUNITY HUB

10 **FREE** sessions running from
October 13th - December 15th



**WHAT TO
EXPECT**

- Safe Space to be Yourself
- Fun Games
- Free Snacks
- Friendship Building
- Physical Activities
- Supportive Mentors

**FEMALE
IDENTIFYING
10-14
YEAR OLDS**



**Big Brothers
Big Sisters**
OF NIAGARA

EMAIL TO REGISTER AT:

LIMITED SPOTS!

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